

From Admission to Discharge:

A Patient Rounds Tool for Nursing

GTA Rehab Network's Best Practices Day 2011
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Objectives

- Appreciate the complexity of Medical Rehab and Medical Activation patients and their discharge challenges
- Appreciate the literature gap and development of the Patient Rounds Tool for Nursing
- Understand how the tool addresses population challenges

5W Program Description

- Medical Rehab and Reactivation (Slow Stream Rehab)
- 52 Beds, multiple co-morbidities
- Patients have complex medical, financial and psychosocial problems

Unit Issues

- Increasing complexity of patients
- Increasing acuity of patients
- Shortening length of stays due to push for rapid successful discharge

Professional Care Delivery Model

- New model of care
- New-hire RPNs, high percentage brand new graduates
- # RNs - 27
- # RPNs - 24
- # Health Disciplines - 25

Literature Search

Keywords and free-text search:

- Patient Rounds + Methods; Patient Rounds + Administration/Evaluation/History/Methods/Standards/Trends; Patient Rounds

Databases used:

- CINAHL Full Text, Nursing and Allied Health, Google Scholar

Findings:

- Gap in the literature identified → no specific rounds tool identified

Implementation of Tool

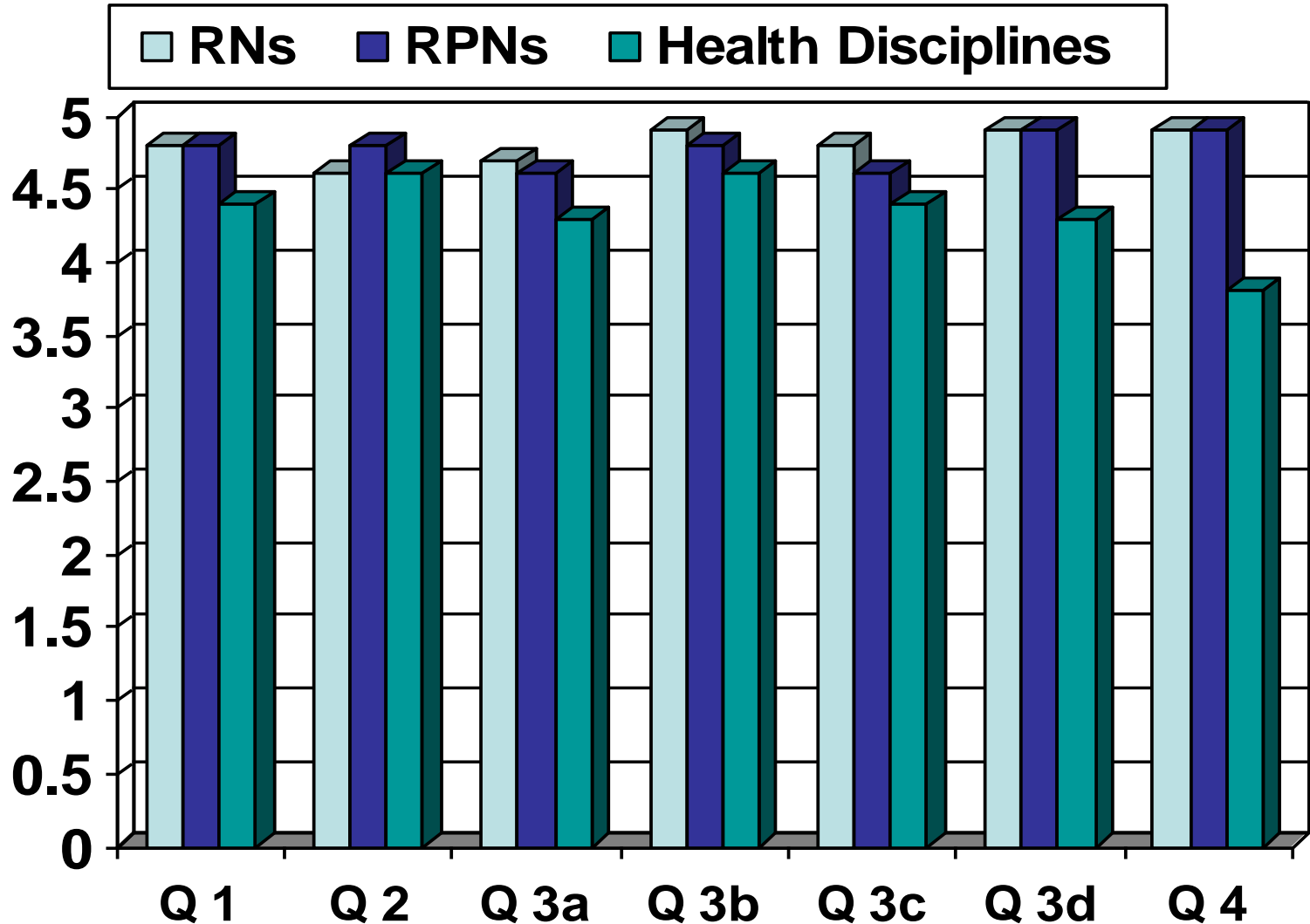
1. Nursing education provided to explain tool
2. Feedback provided to nurses by Advanced Practice Nurse immediately post patient rounds
3. Tool refined
4. Staff surveys: Nursing, and Health Disciplines regarding feedback on use of the tool and staff satisfaction

Survey Questions

* Likert Scale 1- 5

1. I feel the “Patient Rounds Tool for Nursing” is helpful
2. The “Patient Rounds Tool for Nursing” helps me prepare for rounds
3. I feel the “Patient Rounds Tool for Nursing”:
 - a) Facilitates progress toward patient goals
 - b) Improves communication regarding patient issues amongst the health care team
 - c) Helps to drive patient safety
 - d) Helps to drive patient care and discharge planning
4. The “Patient Rounds Tool for Nursing” makes me feel more confident discussing and responding to patient issues during rounds
5. What I liked most about the tool was: _____

Quantitative Data



Qualitative Data

Themes from RN and RPN Feedback

- Comprehensive and organized list, prevents missing important issues
- Helps nursing staff get to know the patient, get global picture of patient
- Helps focus discussion
- Helps organize nurses' thoughts, and their presentation
- Helpful for patient safety, goal setting and d/c planning

Qualitative Data

Additional Themes from Health Disciplines Feedback

Matched these Nursing themes:

- Comprehensive and organized list, prevents missing important issues
- Helps organize nurses' thoughts, and their presentation

Additional themes from Health Disciplines:

- Promotes teamwork
- Success of tool is nurse-dependant

Analysis

Did the tool address any of the challenges on the unit??

- Early identification of clinical issues including safety
- Identification and implementation of nursing and team interventions
- More timely referrals
- Enhanced team communication

**Providing nurses with this framework:
Guides their collection and presentation
of important information**

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