

Advancing Stroke Expertise

Implementing the Southwestern Ontario Stroke Network Stroke Rehabilitation Unit Orientation Resource

Lyndsey Butler

Regional Stroke Rehabilitation Coordinator
on behalf of the Rehabilitation Stroke Unit
Orientation Committee

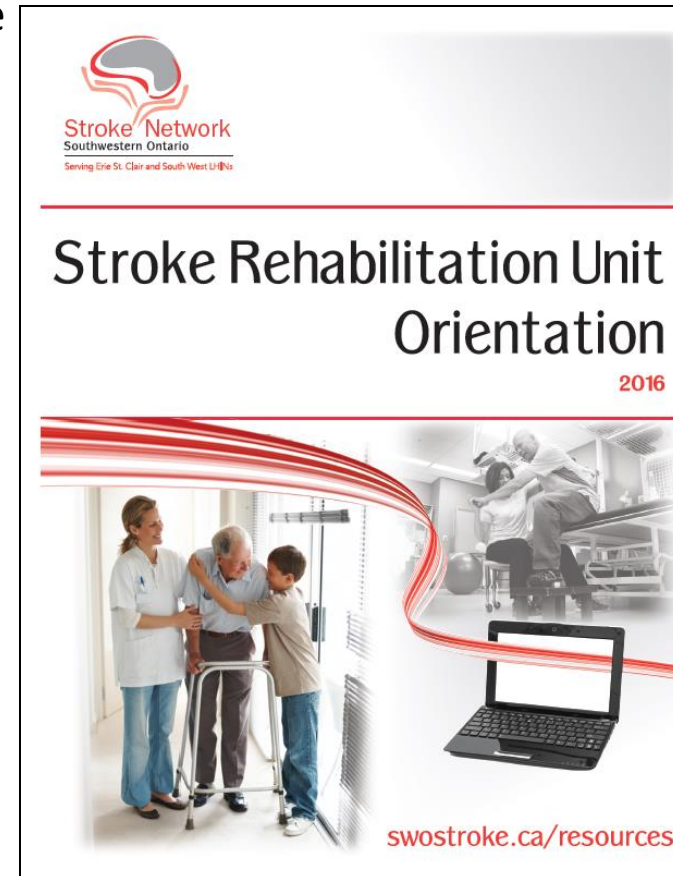
June 2, 2017



What's this Resource all About?

Modules

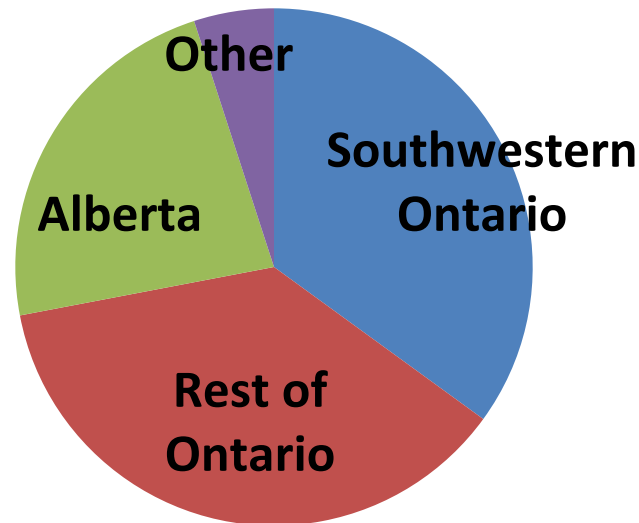
1. Pathophysiology of Stroke, Neuroanatomy, and Stroke Syndromes
2. Stroke Rehabilitation Management
3. Monitoring for Vascular Risk Factors
4. Continence
5. Swallowing, Nutrition, and Oral Care
6. Communication
7. Cognition, Vision and Perception
8. Self-care and Activities of Daily Living
9. Positioning, Transfers, and Ambulation
10. Mood and Behaviour Changes
11. Sexuality Post-Stroke
12. Secondary Stroke Prevention



<http://swostroke.ca/stroke-rehab-unit-orientation/>

Who is Accessing the Resource?

- Web-page visits (June 2016 – March 2017): 1947



- All 8 South West Stroke Rehabilitation Programs have or planning to incorporate the resource into their orientation
 - Anticipated staff: 405
 - 69% nursing
 - 22% allied health
 - 5% personal support workers
 - In progress to date: 253

Why is Regional Implementation of this Resource Working?

- Collaboration between Regional and Local Stroke Leadership for development, promotion and uptake
- Content and format
- Broadly applicable to all disciplines
- Able to upload into online learning management system
- Right place, right time



South West Stroke Project

STROKE PREVENTION, CARE & RECOVERY JOURNEY

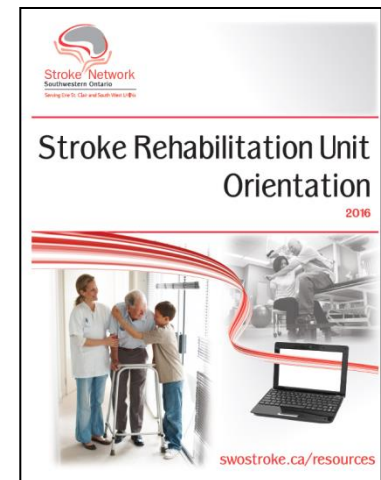
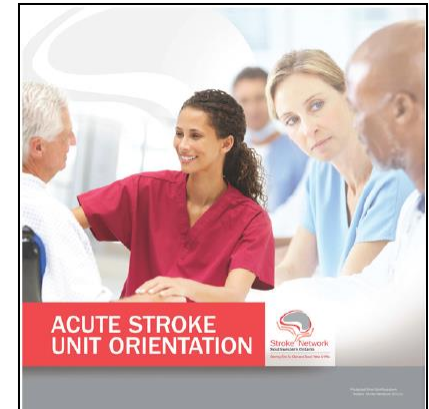
Preventing a stroke and recovery after a stroke are possible. With help from the team of professionals you will meet along the way, you and your family will get the care education and support you need to live well.



Transportation | Technology | Communication | Cross Continuum Care Plan | Collaboration | Evaluation

Next Steps

- Continued support to upload into local online learning management systems
- Targeted version for Integrated Stroke Units
- Community Stroke Unit Orientation
- Update in 2 years



More Information

Online Resource

<http://swostroke.ca/stroke-rehab-unit-orientation/>

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Stroke Rehabilitation Unit Orientation

Introduction

Stroke Rehabilitation Unit Orientation Introduction, Table of Contents, and Acknowledgements

Nursing/Interprofessional Learning Competencies

Interprofessional Stroke Learning Objectives – Heart and Stroke Foundation of Canada

Pre-Test

Online version

Downloadable & printable version

Module 1: Pathophysiology of Stroke, Neuroanatomy and Stroke Syndromes

- Learning Objectives, Module 1 Content, and References
- Quiz
- Quiz Answers

Module 2: Stroke Rehabilitation Management

- Learning Objectives, Module 2 Content, and References
- Quiz
- Quiz Answers

Module 3: Monitoring for Vascular Risk Factors

- Learning Objectives, Module 3 Content, and References
- Quiz
- Quiz Answers

Module 4: Continence

- Learning Objectives, Module 4 Content, and References
- Appendix: Sample Continence Management and Flow-sheet
- Quiz
- Quiz Answers

Module 5: Swallowing, Nutrition and Oral Care

EVENTS CALENDAR

APRIL 2017						
MON	TUE	WED	THU	FRI	SAU	SUN
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

MON 10 Rocket Family Upper Extremity Clinic Conference
April 10

TUE 11 COMMUNITY RESOURCE FAIR
April 11 @ 11:30 am - 1:30 pm

TUE 11 SHOSN Regional Videoconference - Focus on Measurement in Acute: Why Alpha FIM?
April 11 @ 2:30 pm - 3:15 pm

WED 12 Canadian Stroke Best Practice Recommendations Webinar: Palliative and end of life care for stroke patients
April 12 @ 1:00 pm - 2:00 pm

WED 12 Presentation: What I Need to Know About Stroke
April 12 @ 6:00 pm - 8:00 pm

CONTINUUM OF CARE

Prevention