Driving Post-Stroke: An Organizational Effort to Standardize
Project Goals

1. Reduce risk by improving patient understanding of their own medical-legal restrictions for driving post stroke.

2. Improve clinicians’ awareness of Canadian Medical Association and Ministry of Transportation of Ontario regulations surrounding post stroke driving.
Method

- Driving After Stroke Brochure Created
- Staff Education Sessions
- Canned Text Developed
- Implementation of reporting standards to align staff
- Evaluation
- Next Steps
Frequently Asked Questions

How long does it take for my report to be reviewed?

The Medical Review Section will review your case and take action within 30 business days.

Does a medical report automatically result in my license being suspended?

No. A medical report to the MTO does not always mean a license suspension.

Once my suspension is lifted, how soon can I resume driving?

Once the MTO makes the decision to re-instate your driver’s license, it will take approximately 6 weeks before you receive your license card. In most cases, a temporary driver’s license is included with your official notice of re-instatement. If you prefer not to wait 6 weeks, you can visit a ServiceOntario Centre and pay a fee to get a temporary license.

You are asked not to drive for 30 days after a stroke because you are at higher risk of an accident.

Follow up may be arranged in Stroke Prevention Clinic or with your family physician.

Reminder: If you drive a vehicle after being advised not to, your insurance may be impacted.

Driving After A Stroke

A new kind of health care for a healthier community
Method

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Results

% of Acute Charts with MTO Forms Complete

- CL: 0.2714
- UCL: 0.7161

- Number with MTO forms complete - Total charts

Month (Nov 2015 through to Nov 2017)

Start of changes

Note: The chart shows the percentage of acute charts with MTO forms complete from November 2015 to November 2017.
Results

“Patients have less questions about driving and the discharge instructions are clearer.”
~Helen, RN, Stroke Prevention Clinic

“It helps having the message that the family doctor should be involved in returning to driving.”
~Harmeet, RN Stroke Prevention Clinic

“Simple, clear, readable. I didn’t know this information, it’s good to have it written down”
~Person with stroke
Next Steps

- Improve rate of reporting to MTO to 100%
- Improve consistency of the process
- Integrating new legislation changes