

MSK Rehab Definitions Framework – elective, primary or revision Total joint replacement (TJR) Self assessment Survey – Outpatient Rehab

In response to a changing rehab landscape in which rehabilitation is offered in many different settings with variations in service scope, the GTA Rehab Network has recognized the need to clearly articulate the essential components of publicly-funded rehabilitation and to develop definitions for total joint replacement and other population-specific rehab services, incorporating evidence-based standards of practice where available.

The overall intent of the MSK Rehab Definitions Framework for total joint replacements is to:

- Define and promote consistency in total joint replacement rehab care across different care settings
- Increase clarity for patients, families and referrers through the use of consistent terminology
- Establish a standard of care to enable targeted discussions regarding system planning, resourcing of services and performance measurement in rehab to ensure the availability of quality rehabilitation interventions across settings.

The MSK Rehab Definitions Framework for total joint replacements is attached for your reference.

ACTION REQUESTED:

As part of this initiative, we are asking your clinical team to complete the **Outpatient Rehab** self assessment survey

PURPOSE OF THE SELF ASSESSMENT SURVEYS:

The GTA Rehab Network has developed self assessment surveys that organizations can use to evaluate the capacity of their rehab services/programs to meet the definitions in the MSK Rehab Definitions Framework for total joint replacements. The self assessment surveys also provide a mechanism through which organizations can:

- Identify opportunities for quality improvement initiatives
- Improve the delivery of rehab services for total joint replacements
- Advocate for resources to promote consistency and equitable access to rehab services for total joint replacements

INSTRUCTIONS:

- Please use the following self assessment survey to rate the provision of rehab services offered by your organization to patients with total joint replacements who were *admitted within the past 6 months*.
- A combination of questions is used: (1) A rating scale based on the guidelines below. **NB: Check only one rating for each standard!!**
 - Fully Met:** The standard is met at least 80% of the time
 - Partially Met:** The standard is met 40 – 79% of the time
 - Not Met:** The standard is met less than 40% of the time
- (2) Yes/No questions. These do not require ratings.
- If the standard is not fully met, please explain the reasons that account for difficulties in meeting the standard fully.

**TOTAL JOINT REPLACEMENT REHAB SELF ASSESSMENT SURVEY – OUTPATIENT REHAB
IN ACUTE CARE, REHAB AND COMMUNITY HEALTH CENTRES, FAMILY HEALTH TEAMS**

Name of Organization: _____ Name of Service/Program: _____
 Primary Contact (name/telephone): _____

Standard		Rating Fully met (80% of time) (✓)	Rating Partially met (40 – 79% of time) (✓)	Rating Not met (< 40% of time) (✓)	If standard not fully met, provide explanation.
Services Provided	<ul style="list-style-type: none"> This is a single service outpatient rehab program. Yes No 				
	<ul style="list-style-type: none"> This is an interprofessional outpatient rehab program. Yes No 				
	<ul style="list-style-type: none"> Specialized focused assessment and/or treatment are provided to promote re-integration to community living and to maximize functional level. 				
	<ul style="list-style-type: none"> There is a mechanism for consult with other professions/services as required (e.g. with OT). 				
Specialization	<ul style="list-style-type: none"> At a minimum, all health professionals should have general knowledge about total joint replacement rehab assessment and treatment process and the appropriate clinical pathways. 				
Differential Criteria	<ul style="list-style-type: none"> Patients are residing in the community with a specific rehab need which may be an impairment, activity or participation issue that requires assessment and/or treatment by a health professional. 				
	<ul style="list-style-type: none"> Referrals are accepted from the following sources: 				
	Internal sources Yes No	[Hatched]	[Hatched]	[Hatched]	
	External sources Yes No				
	Acute care Yes No				
	Inpatient rehab Yes No				
	Community/CCAC Yes No				
	Family physicians/surgeons Yes No				
Other health professionals					
Typical Duration	<ul style="list-style-type: none"> For total knee replacements: Treatment begins in a timely manner for all patients based on individual needs. For total knee replacements: Specifically, for those referred from acute care, treatment begins within 2-3 days of acute care discharge. For total hip replacements: Access to treatment and/or increased frequency of treatment is available, particularly when post-operative restrictions are lifted (i.e. 6-8 weeks post-op), based on patient needs. 				

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Standard		Rating Fully met (80% of time) (✓)	Rating Partially met (40 – 79% of time) (✓)	Rating Not met (< 40% of time) (✓)	If standard not fully met, provide explanation.	
Key Activities/ Nature of Service	<ul style="list-style-type: none"> Frequency depends on achievement of goals, but may be as frequent as 2-3 times per week. 					
	<ul style="list-style-type: none"> Patients are discharged when they have achieved their discharge goals, or they have reached a plateau. 					
	<ul style="list-style-type: none"> Discharge is not based on a specified maximum number of visits. 					
	<ul style="list-style-type: none"> Assessments and treatment are focused on patient safety at home as well as physical and functional abilities for daily activities. 					
	<ul style="list-style-type: none"> PT intervention include all of the following: 					
	<ul style="list-style-type: none"> Assessment for and development of individualized therapy plans 	Yes No				
	<ul style="list-style-type: none"> Exercises for ROM and strength, including home exercises 	Yes No				
	<ul style="list-style-type: none"> Functional training (e.g., gait, stairs, balance, transfers), including home exercises 	Yes No				
	<ul style="list-style-type: none"> Hands on therapy as required 	Yes No				
	<ul style="list-style-type: none"> Pain management 	Yes No				
	<ul style="list-style-type: none"> Principles of healthy lifestyles and active living are incorporated into the rehabilitation program. This may include providing resources or referrals to external programs (e.g. Arthritis Society, YMCA). 					
	<ul style="list-style-type: none"> Communication with the patient's surgeon AND family physician is established prior to discharge to maintain continuity of care and support long term total joint replacement rehabilitation as needed. 					
	<ul style="list-style-type: none"> Appropriate outcome measures are be used to document progress and recovery and guide treatment selection, including 					
	<ul style="list-style-type: none"> Performance measures 	Yes No				
	<ul style="list-style-type: none"> Self-report measure 	Yes No				
<ul style="list-style-type: none"> Clinical measures 	Yes No					
<ul style="list-style-type: none"> There is a mechanism in place to assess the patient's learning needs. 						
<ul style="list-style-type: none"> Education on all of the following topics is available and reviewed with patients/families as appropriate : 						

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Caregiver training	Yes No				
Safe activity resumption	Yes No				
Medication	Yes No				
Mobility	Yes No				
Expected progress	Yes No				
Pain management	Yes No				
Source of help	Yes No				

Based on the above definitions, would you classify your program as a TJR Outpatient Rehab Program?

Yes No

Comments:

Thank you for taking the time to complete the TJR Outpatient Rehab Self Assessment Survey