

## SPINAL CORD INJURY Rehab Definitions Framework Self-Assessment Tool – inpatient rehab Survey for Spinal Cord Injury (SCI)

### INTRODUCTION:

In response to a changing rehab landscape in which rehabilitation is offered in many different settings with variations in service scope, the GTA Rehab Network has recognized the need to clearly articulate the essential components of publicly-funded rehabilitation and to develop definitions for spinal cord injury and other population-specific rehab services. These rehab frameworks identify key features of rehab programs based on evidence-based practices where available to define the “gold standard” of rehab care. In the absence of literature, definitions have been derived through consensus on current clinical practices.

The overall intent of the Spinal Cord Injury Rehab Definitions Framework is to:

- Define and promote consistency in spinal cord injury rehab care across different care settings
- Increase clarity for patients, families and referrers through the use of consistent terminology
- Establish a standard of care to enable targeted discussions regarding system planning, resourcing of services and performance measurement in rehab to ensure the availability of quality rehabilitation interventions across settings.

The Spinal Cord Injury Rehab Definitions Framework is attached for your reference.

### ACTION REQUESTED:

As part of this initiative, we are asking your clinical team to complete the **Inpatient Rehab** self-assessment tool for spinal cord injury.

### PURPOSE OF THE SELF-ASSESSMENT TOOLS:

The GTA Rehab Network has developed self-assessment tools that organizations can use to evaluate the capacity of their spinal cord injury rehab services/programs to meet the definitions in the Spinal Cord Injury Rehab Definitions Framework. The self-assessment tools also provide a mechanism through which organizations can:

- Identify opportunities for quality improvement initiatives
- Improve the delivery of spinal cord injury rehab services
- Advocate for resources to promote consistency and equitable access to spinal cord injury rehab services.

### INSTRUCTIONS:

- Please use the following self-assessment tools to rate the provision of spinal cord injury rehab services offered by your organization to patients who were *admitted within the past 6 months*.

- There are 3 assessment tools included in the package. These include self-assessment tools for (1) Dedicated Spinal Cord Injury Rehab Unit; (2) Dedicated Neuro Rehab Unit; and (3) Low Tolerance Long Duration (LTLD/slowstream) Rehab.
- **Please make sure that you complete a self-assessment survey for each type of rehab program that your organization provides.**
- To determine which self-assessment tool is most relevant to your program, please refer to the SCI Rehab Definitions Framework (attached) to help you.
- The rating scale for determining if a standard is met is based on the following guidelines:  

Fully Met	(≥ 80% of the time)	Partially Met	40 – 79% of the time)	Not Met	(< 40% of the time)
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- **NB: Check only one rating for each standard!!**
- If the standard is not fully met, please explain the reasons that account for difficulties in meeting the standard fully.

## DEDICATED INPATIENT SCI REHAB UNIT – SELF ASSESSMENT TOOL

Name of Organization: \_\_\_\_\_ Name of Service/Program: \_\_\_\_\_  
 Primary Contact (name/telephone): \_\_\_\_\_

Definition	Rating Fully met (80% of time) (✓)	Rating Partially met (40 – 79% of time) (✓)	Rating Not met (< 40% of time) (✓)	If standard not fully met, provide explanation.																																				
<b>Services Provided</b>	<ul style="list-style-type: none"> <li>A dedicated interprofessional team provides rehab</li> </ul>																																							
	<ul style="list-style-type: none"> <li>Core team<sup>1</sup> includes:               <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 70%;">Physician</td> <td style="width: 10%;">Yes</td> <td style="width: 20%;">No</td> </tr> <tr> <td>Nursing</td> <td>Yes</td> <td>No</td> </tr> <tr> <td>Physiotherapy</td> <td>Yes</td> <td>No</td> </tr> <tr> <td>Occupational Therapy</td> <td>Yes</td> <td>No</td> </tr> <tr> <td>Speech-Language Pathology</td> <td>Yes</td> <td>No</td> </tr> <tr> <td>Social Work</td> <td>Yes</td> <td>No</td> </tr> <tr> <td>Pharmacy</td> <td>Yes</td> <td>No</td> </tr> <tr> <td>Psychology</td> <td>Yes</td> <td>No</td> </tr> <tr> <td>Clinical Dietician</td> <td>Yes</td> <td>No</td> </tr> <tr> <td>Respiratory Therapy</td> <td>Yes</td> <td>No</td> </tr> <tr> <td>Therapeutic Recreation</td> <td>Yes</td> <td>No</td> </tr> <tr> <td>Chaplaincy/Pastoral Care</td> <td>Yes</td> <td>No</td> </tr> </table> </li> </ul>				Physician	Yes	No	Nursing	Yes	No	Physiotherapy	Yes	No	Occupational Therapy	Yes	No	Speech-Language Pathology	Yes	No	Social Work	Yes	No	Pharmacy	Yes	No	Psychology	Yes	No	Clinical Dietician	Yes	No	Respiratory Therapy	Yes	No	Therapeutic Recreation	Yes	No	Chaplaincy/Pastoral Care	Yes	No
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<sup>1</sup> Core team refers to the team members who are essential, actively involved in the assessment and treatment (if required) of spinal cord injury patients on the unit and who participate regularly in team rounds.

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<ul style="list-style-type: none"> <li>Specialized SCI education / training/counselling/resource programs are available including:               <table style="width: 100%; border: none;"> <tr> <td style="width: 80%;">Neurogenic bowel &amp; bladder training</td> <td style="width: 10%; text-align: center;">Yes</td> <td style="width: 10%; text-align: center;">No</td> </tr> <tr> <td>Sexual/fertility counselling</td> <td style="text-align: center;">Yes</td> <td style="text-align: center;">No</td> </tr> <tr> <td>Diabetic education</td> <td style="text-align: center;">Yes</td> <td style="text-align: center;">No</td> </tr> <tr> <td>Canadian Paraplegic Association</td> <td style="text-align: center;">Yes</td> <td style="text-align: center;">No</td> </tr> <tr> <td>Ontario (CPAOO)</td> <td style="text-align: center;">Yes</td> <td style="text-align: center;">No</td> </tr> <tr> <td>Ontario Works Program and Ontario Disability Support Program</td> <td></td> <td></td> </tr> </table> </li> </ul>	Neurogenic bowel & bladder training	Yes	No	Sexual/fertility counselling	Yes	No	Diabetic education	Yes	No	Canadian Paraplegic Association	Yes	No	Ontario (CPAOO)	Yes	No	Ontario Works Program and Ontario Disability Support Program						
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<ul style="list-style-type: none"> <li>There is access to specialized programs including:               <table style="width: 100%; border: none;"> <tr> <td style="width: 80%;">Community integration</td> <td style="width: 10%; text-align: center;">Yes</td> <td style="width: 10%; text-align: center;">No</td> </tr> <tr> <td>Patient apartment</td> <td style="text-align: center;">Yes</td> <td style="text-align: center;">No</td> </tr> <tr> <td>Public transportation training</td> <td style="text-align: center;">Yes</td> <td style="text-align: center;">No</td> </tr> <tr> <td>Accessible exercise equipment</td> <td style="text-align: center;">Yes</td> <td style="text-align: center;">No</td> </tr> </table> </li> </ul>	Community integration	Yes	No	Patient apartment	Yes	No	Public transportation training	Yes	No	Accessible exercise equipment	Yes	No										
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<ul style="list-style-type: none"> <li>Screening for and treatment of depression is provided</li> </ul>																						
<ul style="list-style-type: none"> <li>Wellness-focused education is offered to provide health education, goal setting, behaviour change principles and practices to promote health and wellbeing of the individual.</li> </ul>																						
<ul style="list-style-type: none"> <li>Comprehensive discharge planning with access and referrals to specialized services and community support programs is provided (e.g., Canadian Paraplegic Association Ontario core services, outpatient/ambulatory rehab etc.)</li> </ul>																						

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 Primary Contact (name/telephone): \_\_\_\_\_

Definition	Rating Fully met (80% of time) (✓)	Rating Partially met (40 – 79% of time) (✓)	Rating Not met (< 40% of time) (✓)	If standard not fully met, provide explanation.	
<b>Specialization</b>	<ul style="list-style-type: none"> <li>Programs are specialized to treat SCI including the management of complex pain and spasticity, bowel and bladder dysfunction, specialized seating and assistive technology needs</li> </ul>				
	<ul style="list-style-type: none"> <li>Core dedicated interprofessional team has specialized knowledge and expertise to treat SCI patients with any ASIA (American Spinal Injury Association) Impairment Scale Score (AIS A – D) who may also have complex mobility and assistive device needs.</li> </ul>				
	<ul style="list-style-type: none"> <li>The program is able to address, through direct intervention or consultative services, related co-morbidities and complexities in the spinal cord injury population (e.g. diabetes, brain injury, depression, substance abuse)</li> </ul>				
<b>Differentiating Criteria</b>	<ul style="list-style-type: none"> <li>Admission criteria include patients requiring specialized SCI rehab services with any ASIA Impairment Scale Score (AIS A – D) who may also have complex mobility and assistive device needs (including specialized seating), complex pain and spasticity, and bowel and bladder dysfunction.</li> </ul>				
	<ul style="list-style-type: none"> <li>A patient centred, goal-oriented approach with weekly team meetings/conferences is used.</li> </ul>				
	<ul style="list-style-type: none"> <li>Patients and families are encouraged to participate in team meetings and mechanisms for communication of goals and plans are established.</li> </ul>				
	<ul style="list-style-type: none"> <li>The beds/teams are geographically clustered within</li> </ul>				

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	the unit.				
Typical Duration	<ul style="list-style-type: none"> <li>Length of stay may range from 49 -101 days depending on the diagnostic group.</li> </ul>				
	<ul style="list-style-type: none"> <li>Specialized SCI rehab is not constrained by a maximum duration, but is linked to the patient’s needs and goals.</li> </ul>				
	<ul style="list-style-type: none"> <li>If a patient with rehab goals is not able to tolerate an intensive rehab program of 2 - 3 hours of therapy per day, it is recommended that the patient be considered for transfer to a LTLD inpatient rehab program.</li> </ul>				
Key Activities/ Nature of Services	<ul style="list-style-type: none"> <li>The specialized SCI rehabilitation program addresses all aspects of SCI (complex psychosocial, physical, bowel and bladder, sexuality, complex pain, community reintegration, and patient safety) to allow SCI client to reach maximum potential from an emotional, physical and vocational perspective.</li> </ul>				

Based on the above definitions, would you classify your inpatient rehab program as a Dedicated SCI Rehab Unit?  Yes  No

Comments, including self-identified areas for improvement:

...Please continue and complete the next survey tool(s) if applicable to the programming offered by your organization.

### SCI REHAB ON INPATIENT DEDICATED NEURO UNIT - SELF-ASSESSMENT TOOL

Name of Organization: \_\_\_\_\_ Name of Service/Program: \_\_\_\_\_

Primary Contact (name/telephone): \_\_\_\_\_

Definition	<u>Rating</u> Fully met (80% of time) (✓)	<u>Rating</u> Partially met (40 – 79% of time) (✓)	<u>Rating</u> Not met (< 40% of time) (✓)	If standard not fully met, provide explanation.																														
<b>Services Provided</b>	<ul style="list-style-type: none"> <li>A dedicated interprofessional team provides rehab.</li> </ul>																																	
	<ul style="list-style-type: none"> <li>Core dedicated interprofessional team<sup>2</sup> includes:               <table style="margin-left: 20px; border: none;"> <tr><td>Physician</td><td>Yes</td><td>No</td></tr> <tr><td>Nursing</td><td>Yes</td><td>No</td></tr> <tr><td>Physiotherapy</td><td>Yes</td><td>No</td></tr> <tr><td>Occupational Therapy</td><td>Yes</td><td>No</td></tr> <tr><td>Speech-Language Pathology</td><td>Yes</td><td>No</td></tr> <tr><td>Social Work</td><td>Yes</td><td>No</td></tr> <tr><td>Pharmacy</td><td>Yes</td><td>No</td></tr> <tr><td>Clinical Dietician</td><td>Yes</td><td>No</td></tr> <tr><td>Therapeutic Recreation</td><td>Yes</td><td>No</td></tr> <tr><td>Chaplaincy/Pastoral Care</td><td>Yes</td><td>No</td></tr> </table> </li> </ul>				Physician	Yes	No	Nursing	Yes	No	Physiotherapy	Yes	No	Occupational Therapy	Yes	No	Speech-Language Pathology	Yes	No	Social Work	Yes	No	Pharmacy	Yes	No	Clinical Dietician	Yes	No	Therapeutic Recreation	Yes	No	Chaplaincy/Pastoral Care	Yes	No
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<ul style="list-style-type: none"> <li>Intensive neurological rehab program of a minimum of 2 - 3 hours of therapeutic/rehab activity per day is provided as tolerated by the patient. Therapeutic activity includes professional therapy (e.g. Occupational Therapy, Physiotherapy, OTA/PTA services under the guidance of an OT/PT and/or Speech Language Therapy) and nursing activities.</li> </ul>																
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<ul style="list-style-type: none"> <li>Patients are able to access :               <table style="width: 100%; border: none;"> <tr> <td style="width: 70%;">Specialized services of a dedicated Spinal Cord Injury Rehabilitation Program on consult basis or through ambulatory clinics</td> <td style="width: 10%; text-align: center;">Yes</td> <td style="width: 20%; text-align: center;">No</td> </tr> <tr> <td>Canadian Paraplegic Association Ontario (CPAO) for peer support and other core services of CPAO</td> <td style="text-align: center;">Yes</td> <td style="text-align: center;">No</td> </tr> <tr> <td>Specialized SCI education programs</td> <td style="text-align: center;">Yes</td> <td style="text-align: center;">No</td> </tr> <tr> <td>Pain and wound management services</td> <td style="text-align: center;">Yes</td> <td style="text-align: center;">No</td> </tr> </table> </li> </ul>	Specialized services of a dedicated Spinal Cord Injury Rehabilitation Program on consult basis or through ambulatory clinics	Yes	No	Canadian Paraplegic Association Ontario (CPAO) for peer support and other core services of CPAO	Yes	No	Specialized SCI education programs	Yes	No	Pain and wound management services	Yes	No				
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	<ul style="list-style-type: none"> <li>Wellness-focused education is offered to provide health education, goal setting, behaviour change principles and practices to promote health and wellbeing of the individual.</li> </ul>				
	<ul style="list-style-type: none"> <li>Comprehensive discharge planning with access and referrals to specialized services and community support programs is provided (e.g., Canadian Paraplegic Association Ontario core services, outpatient/ambulatory rehab etc.)</li> </ul>				
<b>Specialization</b>	<ul style="list-style-type: none"> <li>The dedicated interprofessional team has expertise in the treatment of neurological disorders.</li> </ul>				
	<ul style="list-style-type: none"> <li>Rehab providers have neurological rehab expertise to treat SCI patient with high ISCSCI (International Standards for the Classification of Spinal Cord Injury) Motor Scores (e.g. Total UE ≥ 35, Total LE ≥ 35 [70% motor functional]) and/or who have less complex mobility deficits and no complex assistive device needs.</li> </ul>				
	<ul style="list-style-type: none"> <li>Specialization within the neuro rehab program in spinal cord injury is encouraged where there is a sufficient critical mass (i.e. 50 SCI cases per year) to support the development and maintenance of clinical expertise among nursing, allied health and</li> </ul>				

## SCI REHAB ON INPATIENT DEDICATED NEURO UNIT - SELF-ASSESSMENT TOOL

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	medical staff and the acquisition of special equipment and other resources required to treat this population.				
	<ul style="list-style-type: none"> <li>Mechanisms have been established to access as needed spinal cord specific services and education for patients</li> </ul>				
<b>Differentiating Criteria</b>	<ul style="list-style-type: none"> <li>Program serves a variety of neurological population groups.</li> </ul>				
	<ul style="list-style-type: none"> <li>Patients with spinal cord injury admitted to a dedicated neuro rehab program have:                             <ul style="list-style-type: none"> <li>No neurogenic bowel and bladder dysfunction as part of their impairment</li> <li>High ISCSCI (International Standards for the Classification of Spinal Cord Injury) Motor Scores (e.g. Total UE ≥ 35, Total LE ≥ 35 [70% motor functional]) and/or less complex mobility deficits and no complex assistive device needs.</li> </ul> </li> </ul>				
	<ul style="list-style-type: none"> <li>A patient centred, goal-oriented approach is used with weekly team meetings/conferences.</li> </ul>				
	<ul style="list-style-type: none"> <li>Patients and families are encouraged to participate in team meetings and mechanisms for communication of goals and plans are established.</li> </ul>				
	<ul style="list-style-type: none"> <li>There are geographically clustered beds/teams.</li> </ul>				
<b>Typical Duration</b>	<ul style="list-style-type: none"> <li>Typical duration is 2-8 weeks. Neuro rehab for SCI should not be constrained by a maximum duration,</li> </ul>				

**SCI REHAB ON INPATIENT DEDICATED NEURO UNIT - SELF-ASSESSMENT TOOL**

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	but should be linked to the patient's needs and goals.				
	<ul style="list-style-type: none"> <li>If a patient with rehab goals is not able to tolerate an intensive rehab program of 2- 3 hours of therapy per day, it is recommended that the patient be considered for transfer to a LTLD inpatient rehab program.</li> </ul>				
<b>Key Activities/ Nature of Services</b>	<ul style="list-style-type: none"> <li>Rehabilitation programs are suitable for individuals requiring an intensive interprofessional rehab program.</li> </ul>				

Based on the above definitions, would you classify your inpatient rehab program as a Neuro Rehab Program for SCI patients?  Yes  No

Comments, including self-identified areas for improvement:

...Please continue and complete the next survey tool if applicable to the programming offered by your organization.

**LOW TOLERANCE LONG DURATION (LTLD/SLOWSTREAM) REHAB IN CCC FOR SPINAL CORD INJURY  
SELF-ASSESSMENT TOOL**

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<b>Services Provided</b> <ul style="list-style-type: none"> <li>A dedicated interprofessional team provides rehab.</li> </ul>																																		
<ul style="list-style-type: none"> <li>Core dedicated interprofessional team<sup>3</sup> includes:               <table border="0"> <tr> <td>Physician</td> <td>Yes</td> <td>No</td> </tr> <tr> <td>Nursing</td> <td>Yes</td> <td>No</td> </tr> <tr> <td>Physiotherapy</td> <td>Yes</td> <td>No</td> </tr> <tr> <td>Occupational Therapy</td> <td>Yes</td> <td>No</td> </tr> <tr> <td>Speech-Language Pathology</td> <td>Yes</td> <td>No</td> </tr> <tr> <td>Social Work</td> <td>Yes</td> <td>No</td> </tr> <tr> <td>Pharmacy</td> <td>Yes</td> <td>No</td> </tr> <tr> <td>Clinical Dietician</td> <td>Yes</td> <td>No</td> </tr> <tr> <td>Therapeutic Recreation</td> <td>Yes</td> <td>No</td> </tr> <tr> <td>Chaplaincy/Pastoral Care</td> <td>Yes</td> <td>No</td> </tr> </table> </li> </ul>	Physician	Yes	No	Nursing	Yes	No	Physiotherapy	Yes	No	Occupational Therapy	Yes	No	Speech-Language Pathology	Yes	No	Social Work	Yes	No	Pharmacy	Yes	No	Clinical Dietician	Yes	No	Therapeutic Recreation	Yes	No	Chaplaincy/Pastoral Care	Yes	No				
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<ul style="list-style-type: none"> <li>Consultation is available from:               <table border="0"> <tr> <td>Physiatry</td> <td>Yes</td> <td>No</td> </tr> <tr> <td>Psychiatry</td> <td>Yes</td> <td>No</td> </tr> </table> </li> </ul>	Physiatry	Yes	No	Psychiatry	Yes	No																												
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<ul style="list-style-type: none"> <li>Patients have the opportunity to participate in as much therapy as is appropriate to their needs and as they are able and willing to tolerate.</li> </ul>																																		
<ul style="list-style-type: none"> <li>Rehab program provides a minimum of 30 minutes of therapy per session at least twice per day for a minimum of 5 hours of therapeutic activity per week related to patient goals under the direct supervision of a regulated health professional.</li> </ul>																																		

<sup>3</sup> Core team refers to the team members who are essential, actively involved in the assessment and treatment (if required) of spinal cord injury patients on the unit and who participate regularly in team rounds.

## LOW TOLERANCE LONG DURATION (LTLD/SLOWSTREAM) REHAB IN CCC FOR SPINAL CORD INJURY SELF-ASSESSMENT TOOL

Name of Organization: \_\_\_\_\_ Name of Service/Program: \_\_\_\_\_  
 Primary Contact (name/telephone): \_\_\_\_\_

	Definition	Rating	Rating	Rating	If standard not fully met, provide explanation.								
		Fully met (80% of time) (✓)	Partially met (40 – 79% of time) (✓)	Not met (< 40% of time) (✓)									
<b>Services Provided</b>	Therapeutic activity includes professional therapy (e.g. Occupational Therapy, Physiotherapy, OTA/PTA services under the guidance of an OT/PT and/or Speech Language Therapy) and nursing activities.												
	<ul style="list-style-type: none"> <li>If services are supplemented by OTA/PTA/CDA/PSW, the assistant is under the direct supervision of respective health care professionals (e.g., OT directing OTA, PT directing PTA, etc.) as legislated by their respective colleges and therapy time provided by the assistant does not exceed 50% of total therapy time.</li> </ul>												
	<ul style="list-style-type: none"> <li>Patients are able to access :               <table style="width: 100%; border: none;"> <tr> <td style="width: 70%;">Specialized services of a dedicated spinal cord injury rehabilitation program on consult basis or through ambulatory clinics</td> <td style="width: 10%; text-align: center;">Yes</td> <td style="width: 20%; text-align: center;">No</td> </tr> <tr> <td>Canadian Paraplegic Association Ontario (CPAO) for peer support and other core services of CPAO</td> <td style="text-align: center;">Yes</td> <td style="text-align: center;">No</td> </tr> <tr> <td>Specialized SCI education programs</td> <td style="text-align: center;">Yes</td> <td style="text-align: center;">No</td> </tr> </table> </li> </ul>	Specialized services of a dedicated spinal cord injury rehabilitation program on consult basis or through ambulatory clinics	Yes	No	Canadian Paraplegic Association Ontario (CPAO) for peer support and other core services of CPAO	Yes	No	Specialized SCI education programs	Yes	No			
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## LOW TOLERANCE LONG DURATION (LTLD/SLOWSTREAM) REHAB IN CCC FOR SPINAL CORD INJURY SELF-ASSESSMENT TOOL

Name of Organization: \_\_\_\_\_ Name of Service/Program: \_\_\_\_\_

Primary Contact (name/telephone): \_\_\_\_\_

	Definition			<u>Rating</u>	<u>Rating</u>	<u>Rating</u>	If standard not fully met, provide explanation.
		Yes	No	Fully met (80% of time) (✓)	Partially met (40 – 79% of time) (✓)	Not met (< 40% of time) (✓)	
<b>Services Provided</b>	Pain services	Yes	No				
	Wound management services	Yes	No				
	Bowel/bladder management services	Yes	No				
	<ul style="list-style-type: none"> <li>Wellness-focused education is offered to provide health education, goal setting, behaviour change principles and practices to promote health and wellbeing of the individual.</li> </ul>						
	<ul style="list-style-type: none"> <li>Comprehensive discharge planning with access and referrals to specialized services and community support programs is provided (e.g., Canadian Paraplegic Association Ontario core services, outpatient/ambulatory rehab)</li> </ul>						
<b>Specialization</b>	<ul style="list-style-type: none"> <li>The interprofessional team has expertise in the treatment of neurological disorders, including competence in skin, nutritional, bowel and bladder and seating management</li> </ul>						
	<ul style="list-style-type: none"> <li>LTLD program does not need to be SCI specific; however, the program should be specialized in treating persons with severe disability arising from neurological conditions.</li> </ul>						
	<ul style="list-style-type: none"> <li>Specialization is encouraged in spinal cord injury where there is a sufficient critical mass (i.e. 15 - 20 SCI cases per year) to support the development and</li> </ul>						

## LOW TOLERANCE LONG DURATION (LTLD/SLOWSTREAM) REHAB IN CCC FOR SPINAL CORD INJURY SELF-ASSESSMENT TOOL

Name of Organization: \_\_\_\_\_ Name of Service/Program: \_\_\_\_\_

Primary Contact (name/telephone): \_\_\_\_\_

	Definition	Rating Fully met (80% of time) (✓)	Rating Partially met (40 – 79% of time) (✓)	Rating Not met (< 40% of time) (✓)	If standard not fully met, provide explanation.
	<p>maintenance of clinical expertise among nursing, allied health and medical staff and the acquisition of special equipment and other resources required to treat this population.</p>				
	<ul style="list-style-type: none"> <li>The program demonstrates competence in skin, nutritional, bowel and bladder and seating management</li> </ul>				
<b>Differentiating Criteria</b>	<ul style="list-style-type: none"> <li>Rehab intervention is primarily for patients who require a slower-paced rehab program for a longer duration to maximize rehab potential and achieve rehab goals.</li> </ul>				
	<ul style="list-style-type: none"> <li>A patient centred, goal-oriented approach is used with regular team meetings/conferences (every 2 – 3 weeks). These may be a combination of team meeting and family conference.</li> </ul>				
	<ul style="list-style-type: none"> <li>Patients are exempt from co-payment when located in complex continuing care beds while the realistic goal for them remains returning to the community.</li> </ul>				
	<ul style="list-style-type: none"> <li>There are geographically clustered beds</li> </ul>				
	<ul style="list-style-type: none"> <li>If a patient with rehab goals is able to tolerate 10 or more hours of therapy per week, it is recommended that the patient be considered for transfer to a higher tolerance neuro rehab or dedicated inpatient SCI rehab unit, dependent on needs.</li> </ul>				
<b>Typical</b>	<ul style="list-style-type: none"> <li>Typical duration is usually around 3-6 months.</li> </ul>				

**LOW TOLERANCE LONG DURATION (LTLD/SLOWSTREAM) REHAB IN CCC FOR SPINAL CORD INJURY  
SELF-ASSESSMENT TOOL**

Name of Organization: \_\_\_\_\_ Name of Service/Program: \_\_\_\_\_

Primary Contact (name/telephone): \_\_\_\_\_

Definition	<u>Rating</u> Fully met (80% of time) (✓)	<u>Rating</u> Partially met (40 – 79% of time) (✓)	<u>Rating</u> Not met (< 40% of time) (✓)	If standard not fully met, provide explanation.
<b>Duration</b>	However, LTLD rehab for SCI should not be constrained by a maximum duration, but linked to the patient’s needs and goals.			

Based on the above definitions, would you classify your inpatient rehab program as a Low Tolerance Long Duration Rehab Program for Spinal Cord Injury patients?

Yes       No

Comments, including self-identified areas for improvement: